

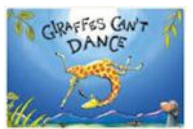
PSHE & RSE School Overview

Responsibility Resilience Independence Curiosity Respect Kindness Honesty Self-belief

PSHE & RSE	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
F1	Me and My Relationships -Marvellous me -Im special -People who are special to me Oral hygiene, Handwashing, Class rules 	Valuing Difference -me and my friends -Friends and family -Including everyone 	Keeping safe -People who help me and keep me safe - safety indoors and outdoors -whats safe to go in my body 	Rights and respect - looking after myself, others and the environment 	Being my best - What does my body need? - I can keep trying - I can do it 	Growing and Changing - Growing and changing in nature - When I was a baby - Boys, girls and families Transition into F2 School readiness 
F2	Me and My Relationships -All about me -What makes me special - Me and my special people -Who can help me? -My feelings Oral hygiene, Handwashing, Class rules 	Valuing Difference -I'm special, you're special -Same and different/families and homes -I am caring -I am a friend 	Keeping myself safe -What's safe to go onto/into my body including medicines -safe indoors and outdoors -Listening to my feelings -Keeping safe online -People who help to keep me safe SMART rules 	Rights and respect -Looking after my special people and my friends Being helpful at home and caring for our classroom -Caring for our world -Looking after money 	Being my best -Bouncing back when things go wrong Yes I can -Healthy eating My healthy mind Move your body -A good nights sleep Importance of exercise 	Growing and changing -seasons - Life stages plants, animals, humans Human life stage, who will I be? Where do babies come from? Getting bigger Me and my body, girls and boys Transition into Year 1 Year 1 readiness 
Year 1	Me and My Relationships Why we have classroom rules	Valuing difference Same or different? Unkind, tease or bully? Harolds school rules Its not fair	Keeping safe Super sleep Who can help? Good or bad touches? Sharing pictures	Rights and respect Harold has a bad day Around and about the school Taking care of something	Being my best I can eat a rainbow Eat well Harold's wash and brush up	Growing and changing Healthy me Then and now Taking care of a baby Who can help?

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	How are you listening? (not stand alone session) Thinking about feelings Our feelings Feelings and bodies Good friends 	Who are our special people? Our special people balloons 	What could Harold do? Harold loses Geoffrey 	Harold's Money How should we look after our money? Basic first aid 	Catch it bin it kill it Harold learns to ride a bike Pass on the praise Inside my wonderful body 	Surprises and secrets Keeping privates private 
Year 2	Me and my relationships Our ideal classroom, How are you feeling today? Lets all be happy! Being a good friend, Types of Bullying, Don't do that, Bullying or Teasing 	Valuing Difference What makes us who we are? My special people, How do we make others feel? When someone is feeling left out, An act of kindness, solve the problem 	Keeping Safe Harold's Picnic, How safe would you feel? What should Harold say, I don't like that! Fun or not? Should I tell? CHILDREN'S MENTAL HEALTH WEEK/Wear your SCARF to school Day, 11th February 	Rights and respect Getting on with others, when I feel like erupting, feeling safe, playing games, Harold saves for something special, Harold goes camping, how can we look after our environment 	Being my best You can do it! My day, Harold's postcard – keeping us clean and healthy, Harold's bathroom, What does my body do? My body needs...basic first aid 	Growing and changing A helping hand, Sam moves away, haven't you grown, My body, your body, Respecting privacy, some secrets should never be kept 