

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Tuna & tomato pasta bake Mustard Soya Milk Fish Gluten with garlic bread Gluten Soya Milk	Margherita pizza Soya Milk Gluten with pommes noisettes & vegetable sticks	Roast meat of the day OR Quorn roast Milk Egg with Yorkshire pudding Milk Egg Gluten roast potatoes, carrots, broccoli & gravy	Eat curious Spaghetti Bolognese Gluten Soya Mustard with garlic bread Gluten Soya Milk & crunchy vegetable sticks	Fishcake Cob Gluten Fish Sesame OR Fishless finger cob Gluten Sesame with lemon mayonnaise Egg Sulphur Dioxide, oven chips & peas
Pudding	Classic iced 'school' cake Egg Gluten Milk	Spiced apple crumble Gluten with custard Milk	Pinwheel cookie Gluten	Donuts Soya Milk Gluten Egg Sesame	Cornflake tart Sulphur dioxide Gluten with custard Milk







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Option 1	Beef burger Gluten Sesame Sulphur dioxide OR Southern style Quorn burger Milk Egg Gluten Sesame with oven chips & baked beans	All day brunch Nottinghamshire sausage Gluten Sulphur Dioxide & bacon OR Plant based sausage Soya Sulphur Dioxide with hash browns, baked beans & scrambled eggs Egg Milk	Roast meat of the day OR Quorn roast Milk Egg with Yorkshire pudding Milk Egg Gluten roast potatoes, carrots, broccoli & gravy	Quorn dippers Gluten with pommes noisettes & sweetcorn	Tempura battered MSC Pollock wrap Gluten Soya Fish OR Fishless finger wrap Gluten with oven chips, peas & tomato ketchup		
Pudding	Chocolate & orange cookie Gluten	New York cheesecake Gluten Soya Milk	Flapjack Gluten	Sticky toffee pudding Milk Egg Gluten with custard Milk	JimJam 'nut free' chocolate croissant Gluten Milk		







Week commencing

17th November, 8th December, 19th January, 9th February, 2nd March, 23rd March

Taste ASIA

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Cheesy tomato pizza muffin Soya Milk Gluten Sesame with diced potatoes & crunchy vegetables	Chicken & vegetable fajitas Gluten OR Quorn & vegetable fajitas Mustard Gluten with smoky jacket wedges & tomato salsa Sesame	Roast meat of the day OR OR Quorn roast Milk Egg with Yorkshire pudding Milk Egg Gluten roast potatoes, carrots, broccoli & gravy	Jacket potato With cheese Milk & beans	Chip shop style fish 'n' chips Gluten Fish OR Fishless fingers 'n' chips Gluten with curry sauce Celery, Egg, Milk, Mustard, Soya, Gluten & peas
Pudding	Jelly with a cookie Gluten	Iced carrot cake Gluten Egg Sulphur Dioxide	Chocolate Cracknell Gluten Milk	Butterscotch tart Gluten Milk	JimJam 'Nut Free' Chocolate brownie Egg Milk Gluten



