









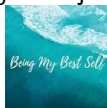




















PSHE & RSE School Overview

Responsibility Resilience Independence Curiosity Respect Kindness Honesty Self-belief

PSHE & R	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
F1	Me and My Relationships -All about me -My special people Oral hygiene, Handwashing, Class rules 	Valuing Difference -Same and different -different families and homes - Kindness and caring Independence: selecting and putting back own belongings 	Keeping myself safe -keeping my body safe -People who help to keep me safe SMART rules Class rules 	Rights and responsibilities -Looking after myself and my friends -Caring for my environment Healthy Eating 	Being my best -Bouncing back -Exercise and sleep Importance of exercise Taking care of animals 	Health and wellbeing -Growing and changing Transition into F2 School readiness 
F2	Me and My Relationships -All about me - My special people -My feelings Oral hygiene, Handwashing, Class rules 	Valuing Difference -Same and different -Different families and homes -Kindness and caring Independence: putting own socks and shoes on 	Keeping myself safe -Keeping my body safe -Listening to my feelings -People who help to keep me safe SMART rules 	Rights and responsibilities -Looking after myself my friends -Caring for my environment -Looking after money Healthy eating 	Being my best -Bouncing back -Healthy eating -exercise and sleep Importance of exercise Taking care of animals 	Growing and changing -changes - Life stages -changing bodies Transition into Year 1 Year 1 readiness 
Year 1	Living in the wider world - rules and responsibilities Health and wellbeing - healthy lifestyles	Health and wellbeing - healthy lifestyles cont. Health and wellbeing - keeping safe	Relationships - Healthy relationships -Feelings and emotions	Relationships -Feelings and emotions cont.	Health and wellbeing - growing and changing 	Living in the wider world -money Relationships - valuing differences

PSHE & RSE School Overview

Responsibility Resilience Independence Curiosity Respect Kindness Honesty Self-belief

					Living in the wider world – caring for the environment 	
Year 2	Living in the wider world – rules, rights and responsibilities  Health and wellbeing – keeping safe 	Health and wellbeing – keeping safe cont.  – healthy lifestyles 	Relationships - feelings and emotions 	Relationships - valuing differences  Living in the wider world – money <i>link to Fair Trade fortnight</i> 	Living in the wider world – caring for the environment  Relationships - healthy relationships 	Relationships - healthy relationships  Health and wellbeing - growing and changing <i>Transition to Year 3 link</i> 