



School Menu

Autumn - Winter 2018/19

Week 1

Week commencing

5 Sept, 24 Sept, 15 Oct,

12 Nov, 3 Dec, 7 Jan,

28 Jan

Pinewood Infant School



MONDAY



Margherita pizza,
jacket wedges

Gluten Milk

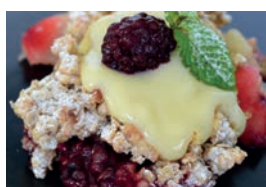
OR



Vegetable chickpea
& coconut curry,
wholegrain rice

Mustard Milk Gluten Sulphur Dioxide

DESSERT



Apple & blackberry
crumble & custard

Milk Gluten

TUESDAY



Spaghetti Bolognese,
crusty bread

Gluten Fish Sesame

VEGETARIAN OPTION AVAILABLE

OR



Quorn Bolognese,
crusty bread

Gluten Egg

DESSERT



Pancake
with frozen yoghurt
& hot cherries

Milk Egg Gluten Sulphur Dioxide

WEDNESDAY



Turkey & vegetable pie,
gravy,
roast baby potatoes

Milk Fish Gluten

VEGETARIAN OPTION AVAILABLE

OR



Quorn & vegetable pie,
gravy,
roast baby potatoes

Milk Egg Gluten

DESSERT



Cornflake tart
& custard

Milk Gluten Sulphur Dioxide

THURSDAY



Nottinghamshire
sausage, gravy &
mashed potatoes

Gluten

VEGETARIAN OPTION AVAILABLE

OR



Quorn sausage,
gravy &
mashed potatoes

Gluten

DESSERT



Date slice
& custard

Milk Gluten

FRIDAY



MSC fish finger wrap,
noisette potatoes

Fish Gluten Milk

VEGETARIAN OPTION AVAILABLE

OR



Jacket potato & cheese
or baked beans or tuna
& mixed salad

Milk Egg Fish

DESSERT



Fruit salad

Allergen free

AVAILABLE DAILY: Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya
Seasonal vegetables available daily Coleslaw Egg when served



School Menu

Autumn - Winter 2018/19

Week 2

Week commencing
10 Sept, 1 Oct, 22 Oct,
19 Nov, 10 Dec, 14 Jan,
4 Feb

Pinewood Infant
School



MONDAY



Vegetarian sausage roll
& gravy,
roast new potatoes

Celery Milk Gluten

OR



Macaroni vegetable
cheese,
garlic slice

Mustard Milk Gluten

DESSERT



Butterscotch mousse
& banana

Milk

TUESDAY



Porkies in gravy,
roast potatoes &
Yorkshire pudding

Gluten Egg Milk

VEGETARIAN OPTION AVAILABLE

OR



Meat free balls in gravy,
roast potatoes &
Yorkshire pudding

Gluten Soya

DESSERT



Chocolate brownie

Gluten

WEDNESDAY



Cheesy cottage pie
& gravy

Milk Fish

VEGETARIAN OPTION AVAILABLE

OR



Quorn cottage pie
& gravy

Celery Egg Gluten

DESSERT



Oaty apple crumble
& custard

Milk Gluten

THURSDAY



Roast turkey,
stuffing, gravy,
roast & mashed
potatoes

Gluten

VEGETARIAN OPTION AVAILABLE

OR



Quorn roast,
stuffing, gravy,
roast & mashed
potatoes

Milk Egg Gluten

DESSERT



Fruit flapjack
& milkshake

Gluten Milk

FRIDAY



Salmon en croute

Milk Egg Fish Gluten

VEGETARIAN OPTION AVAILABLE

OR



Jacket potato & cheese
or baked beans or tuna
& mixed salad

Milk Egg Fish

DESSERT



Fruit in jelly
& cream swirl

Milk

AVAILABLE DAILY: Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya
Seasonal vegetables available daily Coleslaw Egg when served



School Menu

Autumn - Winter 2018/19

Week 3

Week commencing

17 Sept, 8 Oct, 5 Nov,
26 Nov, 17 Dec, 21 Jan,
11 Feb

Pinewood Infant School



MONDAY



Quorn dippers
in a tortilla wrap,
jacket wedges

Milk Egg Gluten

OR



Cheese & tomato
quiche,
potato croquettes

Milk Egg Gluten

DESSERT



Honey & oatmeal
cookie & milkshake

Gluten Milk

TUESDAY



Venison burger
in a bun,
jacket wedges

Soya Milk Egg Gluten

VEGETARIAN OPTION AVAILABLE

OR



Quorn burger
in a bun,
jacket wedges

Soya Milk Egg Gluten

DESSERT



Fruit salad
& frozen yoghurt

Milk

WEDNESDAY



BBQ chilli beef wrap,
savory rice

Gluten Milk

VEGETARIAN OPTION AVAILABLE

OR



Vegetarian chilli wrap,
savory rice

Gluten Egg

DESSERT



Apple & rhubarb
crumble & custard

Milk Gluten

THURSDAY



Roast gammon,
Yorkshire pudding,
gravy, mashed & roast
potatoes

Gluten Egg Milk

VEGETARIAN OPTION AVAILABLE

OR



Quorn roast,
Yorkshire pudding,
roast & mashed
potatoes

Gluten Egg Milk

DESSERT



Cheese crackers
& apple wedge

Milk Gluten

FRIDAY



Tuna & sweetcorn
pasta bake,
garlic slice

Milk Fish Gluten

VEGETARIAN OPTION AVAILABLE

OR



Jacket potato & cheese
or baked beans or tuna
& mixed salad

Milk Egg Fish

DESSERT



Apricot slice
& custard

Milk Gluten

AVAILABLE DAILY: Fruit yoghurt **Milk** (when a pudding is being served) **Best of both bread** **Gluten and Soya**
Seasonal vegetables available daily **Coleslaw** **Egg** when served